

John Martinez

Football • Murray Utah

[staging-og1.up.railway.app/p/coachjmar](#)

Biography

4 years coaching total:

1st year Hammond High school in Louisiana

2nd year Cottonwood High School in Murray, Utah

Currently: 2nd year coaching CFB. @ Southern Virginia University (HC, Joe DuPaix)

Statement

Proper preparation prevents poor performance

PRINCIPLES

- Mental Toughness
 - Attitude
 - Fanatical Effort
 - Unity
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COACHING CAREER

Offensive Line Coach — Hammond Magnet High School

| Football | 2016 - 2016

Offensive Line Coach.

Strength & Conditioning Coach

Part time substitute teacher.
