

Sean Fernandes

Assistant Track & Field and Cross Country Coach

Track and Field

[staging-og1.up.railway.app/p/seanfernandes](#)

Biography

Assistant coach for track and field and cross country who works with jumpers, sprinters, quarter-milers, and cross country runners. He has helped guide conference champions, All-Region athletes, All-Americans, and recent national-title success in the triple jump.
