

# Reynaldo 'Skeats' Spalding

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Football • Mission Viejo High School • Los Angeles

[og1coaches.com/p/skeatsspalding](http://og1coaches.com/p/skeatsspalding)

## Biography

Reynaldo “Skeats” Spalding has dedicated nearly three decades to the game of football, both as a player and a coach, leaving a lasting mark at every level he has touched. A defensive end during his playing days, Spalding began his college career at West Los Angeles Junior College before transferring to the University of Iowa to compete in the Big Ten. He later finished his collegiate playing career at Portland State, where his toughness and football IQ laid the foundation for a lifelong commitment to the sport.

In 1997, Spalding transitioned from player to coach, launching his coaching career at William Paterson College. Those early years instilled in him the value of player development, accountability, and the power of strong relationships. By 2002, he returned to Southern California to lead at Morningside High School, where he quickly earned a reputation for his energy, technical knowledge, and ability to connect with young athletes. In 2009, he helped coach the Team 19 All-Stars, further expanding his reach in grassroots and showcase football.

Since 2014, Spalding has served on the staff at Mission Viejo High School, one of California’s premier high school football programs and widely considered one of the top public school programs in the nation. As the Diablos’ defensive backs coach, he has worked with and mentored elite athletes, many of whom have gone on to thrive at the collegiate and professional levels. His time at Mission Viejo has been marked by consistent excellence, highlighted by playoff runs, championships, and a culture of toughness and accountability.

Spalding is more than a technician of the game—he is a relationship builder. Over the years, he has cultivated strong ties with blue blood college programs across the country, helping open doors for countless athletes. His credibility as both a former player and seasoned coach gives him a unique perspective that resonates with student-athletes and recruiters alike.

Driven by a love for the game and a desire to shape the next generation, Skeats continues to pour his passion, knowledge, and network into every athlete he coaches. Whether on the practice field, in the film room, or during recruiting conversations, his mission remains clear: to prepare athletes not only to excel at the next level but to carry themselves with discipline and integrity long after the game.

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## Statement

Coaching is about more than teaching the game—it’s about building men of character, discipline, and resilience. I’ve been blessed to learn from some of the best and to coach at one of the nation’s premier high school programs. My mission is to pour that knowledge into the next generation and connect athletes with opportunities that change their lives.

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## Achievement

### CIF Championship

Won a CIF title with Mission Viejo in my first season with the squad

### CIF State Championship

In my second year on the Mission Viejo coaching I was able to help lead our defense to a state title.

### State Championship

In 2023 I was fortunate to be apart of my 3rd Championship coaching staff at Mission Viejo High School.

### CIF Champions

In my first year on the Softball coaching staff we brought home a CIF Southern Section Title

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## Education

West L.A. Jr College

University of Iowa

Portland State

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## Feature

### Coach Jim Harbaugh

Coach Harbaugh came to meet with our coaches and scout some of our players

### DJ Lee signed to Alabama

My player, DJ Lee at Mission was ranked as the #1 DB in California in the class of 2024 and signed to Alabama.

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## PLAYER DEVELOPMENT

### DJ Lee

Alabama | Football

DJ was a pleasure to coach. An athletic kid with an even better head on his shoulders. He helped us win a state title in 2023.

### Brenden Schooler

New England Patriots | Football

I was fortunate enough to coach Brenden in High School. He was a great player and and even better student of the game.

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## ATHLETIC CAREER

### Defensive End — Portland State

NCAA Division I - National Collegiate Athletic Association Division I | Football | 1996 - 1997

### Defensive End — University of Iowa

| Football | 1994 - 1996

### Outside Linebacker — West L.A. Jr College

| Football | 1993 - 1994

## **Defensive Back — Dorsey High School**

CIF - California Interscholastic Federation | Football | 1989 - 1993

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## **COACHING CAREER**

### **Assistant Coach — Mission Viejo High School**

CIF - California Interscholastic Federation | Softball | 2022

### **Defensive Backs Coach — Mission Viejo High School**

CIF - California Interscholastic Federation | Football | 2014

### **Defensive Coach — Team 19 All-Stars**

| Football | 2009 - 2010

### **Defensive Coach — Morningside High School**

| Football | 2002 - 2003

### **Defensive Coach — William Paterson College**

| Football | 1997 - 1998

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